

VEGETARIAN SANDWICHES

AVO NICE DAY: HALF AN AVOCADO, CHEDDAR CHEESE, TOMATO, SPROUTS, LETTUCE & LEMON TAHINI. \$7.95

GREAT IMPOSTER: SOY FAKIN' BACON (BBQ TEMPEH STRIPS), LETTUCE, TOMATO & VEGANAISE. \$7.95

REUBENESQUE: SOY FAKIN' BACON (BBQ TEMPEH STRIPS), TOFFUTI SOY CHEESE, SAUERKRAUT & DIJON MUSTARD ON DELI RYE. \$7.95

MARGARITA GRILLED CHEESE: MOZZARELLA, TOMATO, SPINACH & PESTO. \$7.95

FABULOUS FALAFEL WRAP: TAHINNI, FALAFEL, CUCUMBERS, SPINACH & TOMATO. \$8.95

SOUPS OF THE DAY

WE MAKE SOUP EVERY DAY.

PLEASE INQUIRE ABOUT OUR DAILY SPECIALS.

CUP \$3.99
BOWL \$5.49
QUART \$9.99

SIDES FOR DELIVERY

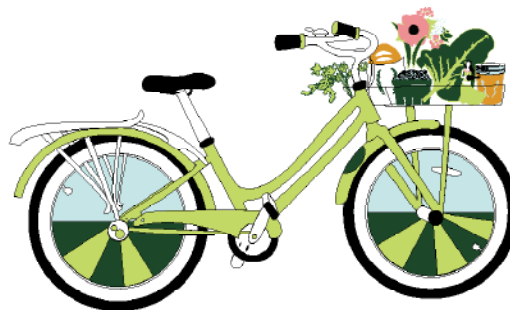
GARDEN SALAD WITH MAPLE BALSAMIC DRESSING. \$6.99

SALTED POTATO CHIPS \$1.29
CHOCOLATE CHIP COOKIE \$1.05

WE TAKE PRIDE IN THE QUALITY AND CONSISTENCY OF ALL ITEMS WE PRODUCE HERE AT THE CO-OP. WE USE ORGANIC AND LOCAL INGREDIENTS WHENEVER POSSIBLE AND NEVER ANY ARTIFICIAL FLAVORINGS OR PRESERVATIVES!

IF YOU HAVE QUESTIONS ABOUT A SPECIFIC ITEM PLEASE ASK US. THANK YOU!

WE DELIVER!



FRANKLIN COMMUNITY CO-OP

ITEMS ON THIS MENU ARE AVAILABLE FOR DELIVERY MONDAY - FRIDAY BETWEEN THE HOURS OF 11AM & 1PM

DELIVERY SERVICE AVAILABLE ONLY FROM GREENFIELD
ORDERS MUST BE PLACED PRIOR TO 11AM EITHER IN-STORE OR BY CALLING GREEN FIELDS MARKET (413) 773-9567 X 2

- \$25 MINIMUM ORDER FOR DELIVERY
- \$5 DELIVERY CHARGE PER ORDER
- PAYMENT ACCEPTED AT DELIVERY
- CASH OR CREDIT/DEBIT ACCEPTED
- DELIVERIES NOT DISCOUNTABLE
- PRICES ARE SUBJECT TO CHANGE

ATTENTION!

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

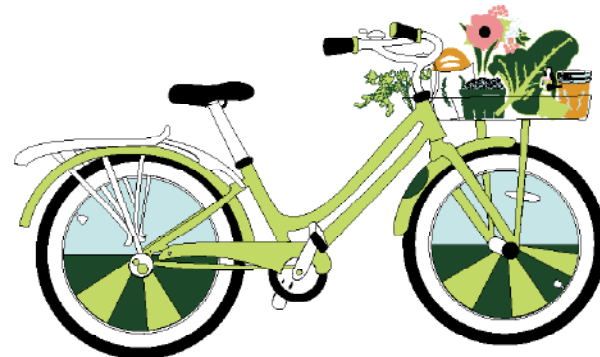
FOR PICK-UP OR DELIVERY PLEASE CALL US!



413-773-9567
EXT. 2

THIS MENU IS ALSO AVAILABLE ON-LINE AT:
WWW.FRANKLINCOMMUNITY.COOP

SANDWICH MENU



FRANKLIN COMMUNITY CO-OP

BREAKFAST SANDWICHES

BREAKFAST BURRITO: EGG, BLACK BEANS, JALAPENO, SALSA & CHEDDAR	\$5.99
NEW YORKER: SMOKED SALMON, LETTUCE, TOMATO, ONION, CREAM CHEESE ON A TOASTED BAGEL.	\$8.95
CALIFORNIAN: EGG, AVOCADO, CHEDDAR ON A WHOLE WHEAT ENGLISH MUFFIN.	\$5.95
GREEN EGGS & HAM: EGG, SPINACH, PESTO, HAM, CHEDDAR ON A WHOLE WHEAT ENGLISH MUFFIN.	\$6.95
THE KOREY: BACON, CHEDDAR, SPICY HONEY MUSTARD, JALAPENOS ON A WHOLE WHEAT ENGLISH MUFFIN.	\$5.95
EGG & CHEDDAR ON AN ENGLISH MUFFIN:	\$5.50
ADD BACON	\$3.00
ADD HAM	\$2.00
ADD FAKIN' BACON	\$2.00
ADD SMOKED SALMON	\$3.75
ADD VEGGIES	.50¢ (EA)
ADD SOUR CREAM	.50¢
ADD PESTO	.50¢
ADD SALSA	.50¢



IN SHELburnE FALLS?
STOP IN AT OUR CO-OP STORE:
M^CCUSKER'S MARKET
OPEN DAILY 7^{AM} - 8^{PM}
(413)-625-2548

FEATURING AN EXCELLENT
SELECTION OF SANDWICHES, SOUPS,
AND SALADS MADE AT GREEN FIELDS
MARKET AND STOCKED DAILY.

CREATE YOUR OWN SANDWICH

CHOOSE A MEAT, BREAD, SPREAD,
AND 3 VEGGIES

STARTING AT \$7.95

MEAT OPTIONS

ROAST TURKEY, SALAMI, FAKIN' BACON
CORNEBEEF, ROAST BEEF,
CHICKEN OR PASTRAMI.

STARTING AT \$8.95

CHICKEN SALAD (CURRIED, TARRAGON,
CRAZIN, RED CURRY, CAJUN, HARVEST)
TOFU SALAD
EGG SALAD
TUNA SALAD

ADD CARAMELIZED ONION	\$1.00
ADD BACON	\$3.00
ADD SMOKED SALMON	\$3.75
ADD SAUERKRAUT	\$1.00
ADD AVOCADO	\$1.00
ADD ROASTED RED PEPPERS	\$1.00
ADD HUMMUS	.50¢
ADD CRANBERRY SAUCE	.50¢
ADD PESTO	.50¢
ADD TAHINI DRESSING	.50¢
ADD CHEESE	\$1.00

CHEESE OPTIONS

CHEDDAR, MUEENSTER, PROVOLONE, SWISS,
AMERICAN, VEGAN CHEESE, CREAM CHEESE,
MOZZARELLA

VEGGIE OPTIONS (CHOOSE 3)

ADDITIONAL VEGETABLES .50¢ EA.
CUCUMBERS, JALAPENOS, TOMATO, LETTUCE,
BELL PEPPERS, CARROTS, SPROUTS, ONIONS,
SPINACH

SPREADS

RUSSIAN DRESSING, YELLOW MUSTARD,
DIJON MUSTARD, SPICY HONEY MUSTARD,
MAYONNAISE, VEGANAISE, OIL & VINEGAR,
KETCHUP, PESTO MAYONNAISE,
HORSERADISH SAUCE, RANCH DRESSING.

BREAD CHOICES

SOURDOUGH FRENCH, DELI RYE,
BUTTERMILK WHEAT
WHOLE WHEAT WRAP, GLUTEN FREE (ADD \$1.00)
FRENCH ROLL (ADD 1.00)
BAGEL (ADD 1.00)
CROISSANT (ADD \$1.00)
GRINDER ROLL (ADD \$1.00)

DELI MEAT SANDWICHES

TURKEY ROYALE: ROAST TURKEY, CHEDDAR CHEESE, HALF AN AVOCADO, 2 STRIPS OF BACON, LETTUCE, TOMATO, ONION & MAYO.	\$9.95
TURKEY MELT: A HOT OVEN SANDWICH. TURKEY, 2 STRIPS OF BACON, 2 SLICES OF CHEDDAR CHEESE, TOMATO.	\$8.95
TUNA MELT: A HOT OVEN SANDWICH. WILD CAUGHT TUNA SALAD, CHEDDAR CHEESE, ONION, TOMATO.	\$9.50
B.L.T.: NORTH COUNTY BACON, LETTUCE, TOMATO, MAYO.	\$7.95
ROAST BEEF: ROAST BEEF, PROVOLONE CHEESE, BELL PEPPER, TOMATO, ONION & HORSERADISH MAYO.	\$8.50
BLACK FORESTER: BLACK FOREST HAM, SWISS CHEESE, LETTUCE, TOMATO, ONION & SPICY HONEY MUSTARD.	\$8.50
TURKEY AVO: ROAST TURKEY, AVOCADO, LETTUCE, TOMATO & SPROUTS.	\$8.50
REUBEN: CORNEBEEF, PASTRAMI, SOY FAKIN' BACON, OR ROAST TURKEY WITH SWISS CHEESE, SAUERKRAUT & RUSSIAN DRESSING.	\$8.95
PEACEKEEPER: ROAST TURKEY, PROVOLONE, LETTUCE, TOMATO, SPICY HONEY MUSTARD & MAYO.	\$8.50
HOT PASTRAMI: PASTRAMI, SWISS, CARAMELIZED ONION & HORSERADISH SAUCE.	\$8.50
CHICKEN RANCH B.L.T.: CHICKEN, 4 STRIPS BACON, LETTUCE, TOMATO, RANCH DRESSING.	\$9.95
VEGAN BURRITO: NAKED TOFU, SOY CHEESE, SALSA, BLACK BEANS.	\$8.95
ITALIAN WRAP: HAM OR TURKEY, SALAMI, PROVOLONE, TOMATOES, PEPPERS, PICKLES, OLIVES, OIL & VINEGAR.	\$8.95
CHICKEN SALAD WRAP: CHICKEN SALAD, AVOCADO, CHEDDAR CHEESE, ONION, TOMATO, MAYO & MUSTARD IN A WHOLE WHEAT WRAP.	\$9.95