

RECIPE

HOMEMADE SANITIZER

If you weren't able to snap up a bottle of hand sanitizer before stores sold out, you can make your own. You can find the basic ingredients in any drug store and most grocery stores.

**Thanks
Valerie!**

INGREDIENTS

2/3 C Isopropyl alcohol 91%
(rubbing alcohol)

1/3 C aloe vera gel
Essential oil in your choice
of fragrance (optional)

A small or medium mixing bowl

A spoon

An empty container, such as a 3-ounce
container from a travel toiletries kit

A small piece of masking tape for labeling

DIRECTIONS

In a mixing bowl, stir Isopropyl alcohol and aloe vera gel together until well blended.

Add 8-10 drops of scented essential oil (optional, but nice!). Stir to incorporate.

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RECIPE

HOMEMADE SANITIZER CONTINUED

Pour the homemade hand sanitizer into an empty container and seal. Write "hand sanitizer" on a piece of masking tape and affix to the bottle.

The CDC recommends using hand sanitizer with at least 60% alcohol content. This recipe makes a sanitizer that slightly exceeds that alcohol content at 60.66%, so follow the proportions exactly. If you want a sanitizer with a higher alcohol percentage, decrease the amount of aloe vera to 1/4 cup.

Sanitizing alternatives:

LEYDEN HOUSE
ANTI-VIRAL PLUS

THAYERS' FACIAL TONER
WITCH HAZEL

